

**ZOOM BOOK CLUB:** Wednesday, 5/26 @ 2:00pm. Ellen Berman of the RVC Library leads a discussion of “Big Lies in a Small Town” by Diane Chamberlain. Books are available from the RVC Library and are also available to download to your e-reader or ipad. New members are welcome. Speak to Laura if you would like any additional information.

**SUPPER CLUB GARDEN EVENT:** Wednesday, 5/26 from 4-7pm. Get together in the late afternoon for salad and sandwiches by LaBottega. The event will continue outside in the Sandel Garden Park with musician & singer Timothy Quinn. Bring your own beverages for this twilight event. When you sign-up you will be asked your sandwich choice. There is no transportation for this event. \$15.00pp. Sign-up begins Monday, 5/3.

**VIRTUAL TRAVEL:** Travel virtually from the comfort of your home on ZOOM.

- Tuesday, 5/11 @ 1:00pm. Visit Czech Republic
- Tuesday, 5/25 @ 1:00pm. Visit London

**\*\*\*SENIOR CONCERNS COMMITTEE FOOD DRIVE\*\*\***

May is Older Americans Month and this year’s theme is “Communities of Strength”. In that spirit, the Senior Concerns Committee is collecting food for the MLK Food Pantry in RVC. Items needed are: canned goods, pasta, rice, cereals and snacks. We will be collecting food all month.

**CARDS & GAMES:** Join fellow members playing Rummikub, Scrabble, Dominoes, and cards. Please refer to the bottom of the calendar for specific days and times. See Kristine if you would like to be placed in a game.

**AFTERNOON ARTS:** Mondays @ 2:00pm. Spend time with friends while discovering your painting ability in the art class led by Zelda. Rediscover your love of knitting and crocheting. Or, skip the card store and learn to create your own unique greeting cards. No experience necessary – all materials supplied.

**LET’S TALK WITH SHERRI:** What’s on your mind? What’s going on in your lives? Join Sherri for a group discussion that will end with a mindful breathing exercise.

**BRAIN FITNESS:** Enjoy exercises for the brain with Dr. Shelly Pazer, PhD. Classes are held on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month @ 1:00pm. No longer held on ZOOM.

**SHERRI’S CONFERENCE CALL:** Wednesdays & Thursdays @ 1:00pm. Join Sherri and other members for lighthearted conversation and fun games. Please call Sherri (536-1162) if you are interested in joining the conversation.

**COMING IN JUNE**

**SPA KICK OFF:** Friday, 6/4 @ 1:00pm. Award winning balloon artist, Nick the Balloonatic, will entertain and interact with members while sculpting balloons at amazing speeds.

**TO JOIN ANY ZOOM EVENT:** Log into ZOOM, press join and enter Meeting ID 558 862 0252

**TO JOIN A CONFERENCE CALL:** Dial 978-990-5439 and enter code 584 7725 followed by # sign.

**SANDEL SENIOR CENTER CALENDAR OF EVENTS**  
**MAY 2021**

R.V.C. Dept. of Senior Services  
50 South Park Avenue

 Sandel Senior Center of RVC NY Director email: [coleary@rvcny.us](mailto:coleary@rvcny.us)

SANDEL CENTER 678-9350      TRANSPORTATION 766-1266      SOCIAL WORK 536-1162

**RVC SANDEL CENTER MISSION STATEMENT**

It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities, volunteer and civic participation and meaningful social engagement.

**MOTHER’S DAY TEA PARTY:** Friday, 5/7 @ 12:30pm. It’s “Time to Par-Tea!” Wear your fancy hat & Sunday best. Join us for finger sandwiches, scones, desserts and flavored teas. There will be prizes for the best hats and games throughout the afternoon. \$5.00pp (\$7.00pp charged day of event). Sign-up begins Monday, 5/3. Men welcome.

**INTERVIEW WITH DR. YUEN:** Wednesday, 5/5 @ 1:00pm. Be a part of the studio audience when Chris O’Leary interviews cardiologist Dr. Yuen. Sponsored by Northwell Health.

**CENTER STAGE PREVIEW & SING-A-LONG:** Wednesday, 5/12@ 1:00pm. Chorus director Frank Scafuri performs songs from past concerts and leads a sing-a-long. Learn about the Center Stage Chorus and how you can join this group.

**BIRTHDAY BRUNCH:** Friday, 5/14 @ 12 noon. Celebrate May birthdays at this luncheon. Scrambled eggs, homefries, croissants and of course birthday cake will be served. As in the past, members celebrating May birthdays are free (please sign-up so we know you will be attending). \$5.00pp. (\$7.00pp charged day of event).

**KENTUCKY DERBY LUNCHEON & PARTY:** Friday, 5/21 @ 12 noon. Place your bets and join us for a fun afternoon. Enjoy fried chicken, mint juleps and lots of betting on our unique Sandel horses. \$5.00pp (\$7.00 charged day of event). Sign-up begins Monday, 5/3.

**“HOW TO CHOOSE A REHABILITATION FACILITY”:** Tuesday, 5/25 @ 2:00pm. Eileen Grilli, RN from Park Avenue Extended Care Facility will discuss how to choose a rehabilitation facility. Learn what questions to ask, what to look for and the differences in facilities. Sponsored by the Senior Concerns Committee.

**REMINDERS**

You must call 766-1266 before 8:30am with your transportation request.

Please sign-up for an event as soon as possible. Knowing how many will attend is essential to our planning. The sign-up Desk is open Monday-Thursday from 10-11:30 & 12:30-2:00.