MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE	10:00 Men's Club Meeting in the Gazebo with Club Elections	10:30 Pilates with Mary	10:30 Fitness with Nancy	10:30 Fitness with Megan
2021	10:30 Fitness with Nancy	1:00 Sherri's Conference Call	1:00 Sherri's Conference Call	1:00 SPA Kick-off with Nick the Balloonatic
	1:00 Brain Fitness CANCELLED		7:00 RVC Trustee Debate @ Sandel	
10:15 Fitness with Sheila* TIME CHANGE 11:00 Yoga with Mary Mazzone* CANCELLED	10:30 Fitness with Nancy	10:30 Pilates with Mary	10:30 Fitness with Nancy	10:30 Fitness with Megan
11:30 "Let's Talk" Discussion Group	12:30 Blood Pressure & Health Screening* 12:45 Center Stage Chorus RETURNS	12:00 SPA Lunch: Grilled Chicken on a salad \$6	1:00 Sherri's Conference Call	12:00 Birthday Brunch \$4.00pp (\$6.00 charged day of event)
1:00 Plants & Grounds 2:00 Art, Knitting, Crocheting, Card Making	2:00 WINS Committee Meeting	12:45 SPA Walk @ Rec Center 1:00 Sherri's Conference Call		
		Wear a SPA T-Shirt or Mask		
	10:30 Fitness with Nancy 11:00 Men's Club Meeting in the Gazebo	10:30 Pilates with Mary	10:30 Fitness with Nancy	10:30 Sit 'n' Dance with Claudia
12:30 "Let's Talk" Discussion Group with Sherri	1:00 Brain Fitness with special guest	12:00 SPA Lunch: Zucchini & Pasta \$6 12:45 SPA Walk @ Bay Park	1:00 Sherri's Conference Call	12:00 Pizza Party: \$4.00pp (\$6.00 charged day of event)
2:00 Art, Knitting, Crocheting, Card Making	Wendy Weinstock 2:00 Special Events Committee Meeting	1:00 Sherri's Conference Call  Wear a SPA T-Shirt or Mask		1:00 Bingo \$5.00pp at door
	Transportation available for Rockville Centre Trustee Election			
10:00 Fitness with Sheila* 11:00 Yoga with Mary Mazzone*	10:30 Fitness with Nancy	10:30 Pilates with Mary	10:30 Fitness with Nancy	10:00 Friendly Callers Committee Conference Call Meeting
11:30 "Let's Talk" Discussion Group with Sherri on ZOOM	12:00 Meal Planning Committee Lunch Meeting	12:00 SPA Lunch: Vegetable Stuffed Peppers \$6	11:30 Executive Board Meeting (working lunch)	10:30 Sit 'n' Dance with Claudia
2:00 Art, Knitting, Crocheting, Card Making	2:00 Trip Committee Meeting	12:45 SPA Walk @ Point Lookout  1:00 Sherri's Conference Call	1:00 Sherri's Conference Call	1:00 General Meeting 2:00 Milk & Sugar Ice Truck
		Wear a SPA T-Shirt or Mask		Sponsored by the Bristal Assisted Living
10:00 Fitness with Sheila*	10:30 Fitness with Nancy	10:30 Pilates with Mary		
11:00 Yoga with Mary Mazzone*	·	·		
12:30 "Let's Talk" Discussion Group with Sherri 1:00 Plants & Grounds	2:00 Senior Concerns Committee Meeting	12:00 SPA Lunch: Grilled Chicken Thighs with Vegetables \$6 1:00 Sherri's Conference Call		
2:00 Art, Knitting, Crocheting, Card Making		2:00 ZOOM Book Club		
		Wear a SPA T-Shirt or Mask		
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
1:00 Cards & Games if space permits 2:00 Art with Zelda 2:00 Knitting & Crocheting 2:00 Card Making	12:45 Center Stage Chorus 1:00 Scrabble 1:00 Cards/Poker 1:00 Dominoes 1:00 Rummikub	1:00 Cards & Games if space permits	1:00 MahJongg 1:00 Poker 1:00 Rummikub	

## **Events in Bold are held on ZOOM or by telephone**

<sup>\*</sup> Funded by Nassau County Department of Human Services Office for the Aging & New York State Office for the Aging & Administration on Aging