| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { JUNE } \\ & 2021 \end{aligned}$ | 10:00 Men's Club Meeting in the Gazebo with Club Elections 10:30 Fitness with Nancy <br> 1:00 Brain Fitness CANCELLED | 10:30 Pilates with Mary <br> 1:00 Sherri's Conference Call | 10:30 Fitness with Nancy <br> 1:00 Sherri's Conference Call 7:00 RVC Trustee Debate @ Sandel | 10:30 Fitness with Megan <br> 1:00 SPA Kick-off with Nick the Balloonatic |
| 10:15 Fitness with Sheila* TIME CHANGE <br> 11:00 Yoga with Mary Mazzone* CANCELLED <br> 11:30 "Let's Talk" Discussion Group with Sherri on ZOOM <br> 1:00 Plants \& Grounds <br> 2:00 Art, Knitting, Crocheting, Card Making | 10:30 Fitness with Nancy <br> 12:30 Blood Pressure \& Health Screening* <br> 12:45 Center Stage Chorus RETURNS <br> 2:00 WINS Committee Meeting | 10:30 Pilates with Mary <br> 12:00 SPA Lunch: Grilled Chicken on a salad \$6 <br> 12:45 SPA Walk @ Rec Center 1:00 Sherri's Conference Call <br> Wear a SPA T-Shirt or Mask | 10:30 Fitness with Nancy 10 1:00 Sherri's Conference Call | 10:30 Fitness with Megan <br> 12:00 Birthday Brunch \$4.00pp ( $\$ 6.00$ charged day of event) |
| 10:15 Fitness with Sheila* TIME CHANGE 11:00 Yoga with Mary Mazzone* CANCELLED <br> 12:30 "Let's Talk" Discussion Group with Sherri 2:00 Art, Knitting, Crocheting, Card Making | 10:30 Fitness with Nancy <br> 11:00 Men's Club Meeting in the Gazebo <br> 1:00 Brain Fitness with special guest Wendy Weinstock <br> 2:00 Special Events Committee Meeting <br> Transportation available for Rockville Centre Trustee Election | 10:30 Pilates with Mary <br> 12:00 SPA Lunch: Zucchini \& Pasta \$6 12:45 SPA Walk @ Bay Park <br> 1:00 Sherri's Conference Call <br> Wear a SPA T-Shirt or Mask | 10:30 Fitness with Nancy <br> 1:00 Sherri's Conference Call | 10:30 Sit ' $n$ ' Dance with Claudia <br> 12:00 Pizza Party: \$4.00pp ( $\$ 6.00$ charged day of event) <br> 1:00 Bingo \$5.00pp at door |
| 10:00 Fitness with Sheila* <br> 11:00 Yoga with Mary Mazzone* <br> 11:30 "Let's Talk" Discussion Group with Sherri on ZOOM <br> 2:00 Art, Knitting, Crocheting, Card Making | 10:30 Fitness with Nancy <br> 12:00 Meal Planning Committee Lunch Meeting <br> 2:00 Trip Committee Meeting | 10:30 Pilates with Mary <br> 12:00 SPA Lunch: Vegetable Stuffed Peppers \$6 <br> 12:45 SPA Walk @ Point Lookout 1:00 Sherri's Conference Call <br> Wear a SPA T-Shirt or Mask | 10:30 Fitness with Nancy <br> 11:30 Executive Board Meeting (working lunch) <br> 1:00 Sherri's Conference Call | 10:00 Friendly Callers Committee Conference Call Meeting 10:30 Sit ' $n$ ' Dance with Claudia <br> 1:00 General Meeting <br> 2:00 Milk \& Sugar Ice Truck Sponsored by the Bristal Assisted Living |
| 10:00 Fitness with Sheila* <br> 11:00 Yoga with Mary Mazzone* <br> 12:30 "Let's Talk" Discussion Group with Sherri <br> 1:00 Plants \& Grounds <br> 2:00 Art, Knitting, Crocheting, Card Making | 10:30 Fitness with Nancy <br> 2:00 Senior Concerns Committee Meeting | 10:30 Pilates with Mary <br> 12:00 SPA Lunch: Grilled Chicken <br> Thighs with Vegetables \$6 <br> 1:00 Sherri's Conference Call <br> 2:00 ZOOM Book Club <br> Wear a SPA T-Shirt or Mask |  |  |
| EVERY MONDAY | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY |
| 1:00 Cards \& Games if space permits <br> 2:00 Art with Zelda <br> 2:00 Knitting \& Crocheting <br> 2:00 Card Making | 12:45 Center Stage Chorus <br> 1:00 Scrabble <br> 1:00 Cards/Poker <br> 1:00 Dominoes <br> 1:00 Rummikub | 1:00 Cards \& Games if space permits | 1:00 MahJongg <br> 1:00 Poker <br> 1:00 Rummikub |  |

* Funded by Nassau County Department of Human Services Office for the Aging \& New York State Office for the Aging \& Administration on Aging

