

Inc. Village of Rockville Centre Recreation Department

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Phone: (516) 678-9238
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Winter 2021

Gymnastics

All participants must be registered members of the RVC Rec Department for fiscal year

June 2020-May 2021:

Individual Residents: \$24 / Non-residents \$28

New Family Fee Resident \$50 / Non-resident \$60

No In-Person Registration

Registration for the Winter session begins:

November 16th for RVC Residents

November 19th for Non-Residents

Online Registration Only!



Complete your family profile at ROCKVILLECENTRE.RECDESK.COM and register for most programs on your computer, tablet or smartphone. There is a 3% Convenience Fee for credit card purchases. Class fees will not be prorated due to participant starting after class session has begun.

NO REFUNDS. Credit may be issued if withdrawn before 3rd class meeting.

Gymnastics Instruction For Girls:

Participants will receive instruction on the four women's Olympic events: Floor Exercise, Uneven Bars, Balance Beam and Vault. Gymnasts may also use the Tumble Trak and Trampoline for skill development.

Gymnast Attire:

It is highly recommended that all gymnasts wear a leotard or unitard. A tank top or well-fitting T-shirt with lycra shorts/pants are also suitable.

Skirts, dresses, jeans/pants with zipper/button-closure and loose-fitting attire are unacceptable for safety reasons.

Jewelry Notice:

ALL JEWELRY MUST BE REMOVED BEFORE ENTERING THE GYM.

Newly-pierced ears may be "taped-over" prior to gymnast entering the gymnasium. Staff is not responsible for jewelry that is removed after entering the gymnasium.

— Gymnasts who are not dressed properly cannot participate for safety reasons—

Instructional Gymnastics— Girls Grades 1–5:

Grade 1 & 2: Tuesday 4:00–5:00pm—Saturday 10:05–11:05am

Grade 3–5: Saturday 11:30–12:30pm

10 Class Meetings

Fees: \$210 Resident of RVC / \$230 Non-Resident of RVC



Tuesday	Saturday	
Grades 1 –2 4:00–5:00pm	Grades 1–2 10:05–11:05am	Grades 3–5 11:30–12:30pm
January: 5, 12, 19 February 2, 9, 23 March: 2, 9, 16	January: 9, 16, 23, 30 February 6, 13, 27 March: 6, 13, 20	



Important Notes: Gymnasts will be grouped within the class according to age, ability and prior experience. Placement in the proper instructional group is crucial to your child's safety and enjoyment.

Due to Covid-19, make-up classes will not be offered.