**Thanksgiving Lunch, Friday, 11/18, 12:15pm:**  Gather with friends to enjoy a traditional Thanksgiving lunch of turkey and all the fixings. This luncheon is generously donated by Jean Mersand. No fee. Sign up at the front desk by 11/10.

**Nassau County Museum of Art trip with lunch on your own at Ben’s, Tuesday, 11/22**: The Nassau County Museum of Art is located in Roslyn Harbor on the former Frick Clayton Estate in the heart of Long Island’s Gold Coast. The current exhibit, “The Big Picture: Photography Now” showcases photography’s ascent into the art world. Following the museum visit, the next stop will be lunch on your own at Ben’s Deli. Leave Sandel at 10:45, leave Rec Center at 11. $13 pp. Limit 20. Sign up starting 10/24.

**Guest Speaker, How to use Uber (Bring your cell phone), Wednesday, 11/23, 12pm:** Presentation by Rose and Melanie on how to download and use the Uber app on your phone.

**General Meeting, Wednesday, 11/30, 11am:** Attendance at the General Meeting is your best way to learn everything happening in the month of November. The Executive Board presides over the meeting. Chairpersons describe committee activities. Staff offers reports.

**Artist Reception, Wednesday, 11/30, 1pm:** Come to view artwork displayed at Sandel by artist, Kevin Hoeffer.

**Book Club, Wednesday, 11/30, 2pm:** This month’s selection is *Watching You* by Lisa Jewell. It is an irresistible and dramatic story of relationships and dark secrets that lurk in a posh English neighborhood. New members are always welcome. Books can be borrowed at the Sandel office.

**Looking Ahead**

**Center Stage Luncheon Friday, 12/2:** Members of the Center Stage Chorus celebrate the holiday season with a wonderful concert and a delicious lunch. More information to come.

**Landmark Theatre Trip, Wednesday, 12/7, leave Sandel at 12:30:** Come and see the Red Hot Mamas and Step Sistas kick up their heels Rockette Style. $5pp Sign up starting 11/7.

**Birthday Brunch, Friday, 12/9, 12:15pm:** Gather with Sandel friends to celebrate December birthdays. $6 pp in advance. $8pp day of. Sign up now. **Intergenerational Holiday Event, Wednesday, 12/14, 11:30 – 3pm:** South Side High School students gather with Sandel members for a celebration of the holiday season. Enjoy entertainment and refreshments. No sign up necessary. No cost to attend.

**Holiday Gala, Friday, 12/16:** Celebrate the holidays at Sandel with a full afternoon of fantastic food and dancing to the sounds of Mark Danti. Lunch will begin with passed hors d'oeuvres. The main course will be chicken cordon bleu with a side of potato croquette and string bean almondine. Your meal will be completed with a delicious dessert of triple berry napoleon cake and assorted chocolates. There will be prosecco toasts as well as red and white wine on the tables. Take your chance on cash raffles and basket raffles. Dress to impress at this formal holiday event. $25 per person. Advance sign up required by 12/13. Table request forms will be available at the front desk.

**Elf the Musical at Madison Theatre, Wednesday, 12/21, 1pm:** The hilarious tale of Buddy the Elf who embarks on a journey to NYC to find his birth father. $45pp. Sign up begins 11/14. Limit 19.

**New Year’s Party, Friday, 1/6**: Ring in the New Year at Sandel complete with lunch, music, noisemakers and friends. More information to come.

**SANDEL CENTER CALENDAR OF EVENTS**

**November 2022**

*It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities volunteer and civic participation and meaningful social engagement.*

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| **Support Our Troops Holiday Cards** Show support to our heroes deployed in service to the country by providing holiday cheer. The Senior Concerns Committee will provide cards to be sent on 11/1,11/3,11/8 and11/10 from 11:30-12:30pm.**What’s Your Story** Creative Writing with professional instructor Kathy Maher has returned. This class will teach you how to write the best stories from your life. Classes are Wednesdays at 2:15pm and start on 11/2. Sign up at the front desk. Limit 8.**Rummikub Lessons** Kristine Tolan, Program Coordinator will be giving Rummikub lessons. Come and learn this fun and easy game of strategy and luck. Join us on Thursday, 11/3, 11/10 and 11/17 at 1:15pm.**American Sign Language** Do you want to learn basic ASL? Learn over 4 weeks as Sandel's social work intern, Kristi, teaches the alphabet and how to communicate basic information. Limit 15. Sign up at the front desk. Mondays at 1:45pm. |

**Guest Speaker, Understanding Sweeteners, Wednesday, 11/2, 1pm:** Knowingthe differences among various sweeteners can help you make the choice that is right for you. This guest speaker is sponsored by Cornell Cooperative Extension for National Diabetes Month.

**Birthday Brunch, Friday, 11/4, 12:15pm:** Gather with Sandel friends to celebrate November birthdays. $6 pp in advance. $8 pp day of. Sign up now. **Bingo** to follow at 1pm $5pp

**Veteran’s Day Luncheon, Wednesday, 11/9, 12:15pm:** The Men’s Club hosts this luncheon to pay tribute to the brave men and women who have served the country. Show your patriotism by wearing red, white, and blue. Meat loaf, mashed potatoes, mixed vegetables and apple pie for dessert. The cost to attend is $8 per person. Sign up starting on 10/17.

**Holiday Boutique (Vendors Needed), Tuesday, 11/15, 11-3pm:** Come and shop early for everyone on your holiday list. There will be outside vendors with all new items including Avon, jewelry, candles, crocheted items and much more. All regular classes cancelled.

**Intergenerational Committee Meeting at South Side High School, Wednesday, 11/16, 10am:** Develop friendships with students from South Side High School. Transportation is provided.

**Guest Speaker, How to Access Your Medical Records on a Portal, Wednesday, 11/16, 1pm:** Power point presentation on how to access your virtual medical charts. Kristi and Nancy will walk you through the ways to set up and access your medical information from your physicians online. Bring your cell phone.

**Senior ID Program, Thursday, 11/17, 12-2:** Representatives from the Town of Hempstead will be at Sandel to provide senior ID cards. These wallet sized cards contain vital information such as physician’s contact information, emergency phone numbers, medications, allergies, and other information which is useful in case of an emergency. The Senior Concerns Committee is sponsoring this event.

**Sandel Center 678-9245 Transportation 766-1266 Social Work 536-1162**