**SBI, Monday, 5/20, 2pm:** Sandel Bureau of Investigation returns. Help investigate the OJ Simpson Trial of the murder of Nicole Brown Simpson and Ronald Goldman.

**Supper Club, Tuesday, 5/21, 4pm-7pm:** Enjoy Mexican food and great entertainment by Louis DelPrete. Bring your own beverages. $20pp. Choose your tacos at sign up. Menu will be available. **Sign up by 5/9.**

**May is Older Americans Month**

Established in 1963, Older Americans Month (OAM) is celebrated every May. Led by the Administration for Community Living (ACL), OAM is a time for us to acknowledge the contributions and achievements of older Americans, highlight important trends, and strengthen our commitment to honoring our older citizens. This year’s theme, Powered by Connection, recognizes the profound impact that meaningful relationships and social connections have on our health and well-being. Connectedness plays a vital role in supporting independence and aging in place by combatting isolation, loneliness, and other issues. The Senior Concerns Committee created a video that showcases Sandel’s commitment to this theme. This video will be played throughout the month of May.

**Trip to Deer Park Tanger Outlets, Tuesday, 5/28, 11am:** Shop till you drop at the Tanger Outlets in Deer Park. Leave Sandel at 11, leave the Rec Center at 11:15. $5 transportation fee on the day of. Lunch on your own. Limit 15. Strong walkers only. Sign up now.

**Guest Chef, Jim Neitz, Wednesday, 5/29, 12pm:** Jim Neitz will be our first guest chef at Sandel. Jim has volunteered at the Ronald McDonald House as a driver, tour guide, laborer and cook for 21 years. He has also been a volunteer at the RVC Fire Department Rescue Squad for the past 61 years. Lunch will be chicken and steak tid-bits on garlic bread, a garden salad, and Jim’s famous amaretto carrots and fresh fruit salad. $6pp. Sign up by 5/22.

**Sip and Floral, Wednesday, 5/29, 1pm:** Make a spring floral arrangement with Art Flower & Gift Shoppe to bring home. Dessert and wine will be served. $5pp. Sign up now.

**General Meeting, Friday, 5/31, 11am:** Attendance at the General Meeting is your best way to learn about everything happening in the coming months. The Executive Board presides over the meeting. Chairpersons describe committee activities. Staff offers reports.

***Sweet Charity* at The Madison Theatre, Friday, 5/31, 2pm (Leave Sandel 1, leave Rec Center 1:15):** Hapless but unflappable Charity Hope Valentine desperately seeks love in New York City in the 1960s. In this exuberant, groovy, hilarious musical comedy, Charity tries again and again to find her dream and make something of herself. $25pp.The show runs 2hrs and 30 minutes with a 15-minute intermission.Sign up now.

**Looking Ahead to June**

**SAVE THE DATE! SPA Kickoff, Wednesday, 6/5, 12:15pm:** “Senior People in Action” is a great way to set some new fitness and wellness goals. Registration is $10 per person. Wear your new SPA T-shirt every Wednesday which is included with registration. A multitude of activities will take place throughout the summer such as guest speakers, group exercise, lunches, and visits to the beach. A lively kickoff event will take place on Wednesday, 6/5 at 12:15pm with lunch and entertainment. Sign up for SPA now.

**Intergenerational Picnic, Friday, 6/7, 12-2pm:** Enjoy a delicious lunch with SSHS students. Hero sandwiches and salads will be served. Play some games and enjoy a dessert buffet provided by the students. $6pp. Sign up beginning 5/13.

**Center Stage Luncheon & Concert, Friday, 6/14, 12:15pm:** Enjoy a delicious lunch followed by a wonderful concert by the Center Stage Chorus. $6pp for lunch. The concert is free. Sign up beginning 5/20.

**Installation of New Club Officers at General Meeting, Friday, 6/28, 11am:** Newly elected Sandel Club Officers will be sworn in to their respective duties. Complimentary lunch and reception generously donated by the Sandel Club. All members welcome.

**Sandel Center 678-9245 Transportation 766-1266 Social Work 536-1162**

**SANDEL CENTER CALENDAR OF EVENTS**

**May 2024**

*It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities volunteer and civic participation and meaningful social engagement.*

**Sandel Volunteer Luncheon, Wednesday, 5/1, 12pm:** This luncheon is generously hosted by FOSSI and will be held at Temple Avodah. By invitation only. All other Sandel programs are cancelled.

**New! Canasta Lessons, Thursday, 5/2, 11-12:30pm:** Join us for Canasta Lessons for 5 sessions on Thursdays at 11am. See the flyer on the bulletin board for details. Sign up now.

**BINGO, Friday, 5/3, 1pm:** Joan Hines will lead ten BINGO games and entertain with a few jokes at this fun filled afternoon. Cash prizes! $5pp paid the day of.

**Mother’s Day Spring Boutique, Tuesday, 5/7, 11am-4pm:** Celebrate Mother’s Day by shopping for someone special at the Sandel Mother's Day Spring Boutique. There will be jewelry, Pampered Chef, plants, food vendors, and much more. Raffle baskets and 50/50. All programs cancelled except morning shopping at Key Food.

**Mother’s Day Tea, Friday, 5/10, 12:15pm:** It’s time to Par-Tea! Wear your fancy hat and Sunday best. Join us for finger sandwiches, scones, and of course tea. Dessert will be generously donated by the Atria Tanglewood. $6pp in advance, $8pp day of. Men are welcome!

**Artist Reception, Wednesday, 5/15, 1pm:** The artwork of artists Karen Groening and George Whitson will be on display for all members to view beginning on 5/6. This reception will be held to meet two local area Rockville Centre artists and hear about their work. All community members are welcome to attend.

**Book Club, Wednesday, 5/15, 2:15pm:** This month’s selection will be *The Plot* by Jean Hanff Korelitz. *The Plot* is a psychologically suspenseful novel about a story too good not to steal and the writer who steals it. New members are always welcome. Books can be borrowed at the Sandel office.

**Guest Speaker, Nutritionist, Cornell Cooperative Presentation, Wednesday, 5/22, 1pm:** Khy Eee Siew from Cornell Cooperative Extension of Nassau County will be providing a workshop on Nutrition for Strong Bones.

**Birthday Brunch, Friday, 5/17, 12:15pm:** Celebrate May birthdays at Sandel. Scrambled eggs, sausage and a croissant followed by a delicious cake for dessert. The cake and activity has been generously donated by Helen Gemmell, Phyllis Cohen, Teresa Manning and Carol Lewis. At approximately 1pm we will have Horse Racing. $6pp in advance, $8pp day of.