

March 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
		1  1:00 Guest Speaker, Citizen Preparedness Corp  2:30 Creative Writing Class	2  1:00 Mahjongg Lesson	3  1:00 Bingo (pay at the door)
6 11:00 Mother's Day & Spring Boutique Meeting  1:45 Sign Language Class with Kristi  2:00 Card Making	7  11:45 Men's Club Meeting	8  10-1 Social Work Open House  1:00 Artist Reception  2:30 Creative Writing Class	9  12:00 Senior Concerns Committee Meeting  1:00 Practice Session for Mahjongg	10  12:15 Birthday Brunch with entertainment by Rob and Patty Meade
13  1:45 Headlines  2:00 Jewelry Making	14  12:30 Blood Pressure Screening*  11:45 Armchair Trip to Ireland (Included with your passport fee) 12:30 Lunch at Monaghans (Additional charge of \$30pp.)	15  Intergenerational Committee Meeting at SSHS (Leave Sandel at 11:15, Leave Rec Center at 11:30)  2:30 Creative Writing Class	16  1:00 Practice Session for Mahjongg	17 <b>Fitness Cancelled</b>  12:15 St Patrick's Day Party with music by Timothy Quinn  5:00 Mayor & Mrs. Murray's Renewal of Vows
20  1:45 Sign Language Class with Kristi  2:00 Card Making  <b>NO CENTER STAGE</b>	21  11:45 Men's Club Meeting  12:45 Trip Committee Meeting  Shopping @ Trader Joe's	22  1:00 Guest Speaker, Nutritionist, Cornell Cooperative Extention  2:30 Creative Writing Class	23  11:45 Executive Committee Meeting  1:00 Mahjongg Lesson	24  <b>Fitness Cancelled</b>  11:00 General Meeting  1:00 Left, Right, Center Tournament
27  1:45 Sign Language Class with Kristi  2:00 Jewelry Making	28  12:30 Special Events Committee Meeting	29  12:00 Supper Club Committee Meeting  1:00 Guest Speaker, Dr. Michael T Caton, MD, Neurologist  2:00 Book Club  2:30 Creative Writing Class	30  <b>ALL PROGRAMS CANCELLED FOR FOSSI FUNDRAISER SETUP</b>	31  <b>ALL PROGRAMS CANCELLED FOR FOSSI FUNDRAISER SETUP</b>  7pm FOSSI Fundraiser
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
10:00 Cardio-Sheila* 11:00 Yoga - Lucia* 12:45 Center Stage 1:00 Cards & Games if space permits 2:00 Art with Zelda Randell 2:00 Knitting & Crocheting	AM Grocery Shopping @ Key Food. Call 766-1266 for transportation Except 3/21 10:30 Fun & Fit—Nancy 1:00 Scrabble, Cards, Poker, Dominoes, Rummikub	10:30 Pilates-Mary  1:00 Cards & Games if space permits	10:30 Fun & Fit—Nancy 1:00 Bridge 1:00 MahJongg 1:00 Poker 1:00 Rummikub 1:00 Sherri's Conference Call	10:30 Total Body Workout Megan or Claudia
* Funded by Nassau County Department of Human Services Office for the Aging & New York State Office for the Aging & Administration on Aging				