

March 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>  10:30 Balance with Megan  12:30 Author's Reading with Mary A. Ellenton  1:30 LCR Tournament
<b>4</b> 10:00 Cardio with Sheila* 11:00 Yoga with Lucia*  12:45 Center Stage  1:30 Art with Zelda  1:45 Headlines  1:45 Crocheting Lesson with Melanie  7:00 Village Board Meeting	<b>5</b>  <b>Sherri's Conference Call Cancelled</b>  Morning shopping at Key Food  10:30 Fun & Fit with Nancy  11:45 Men's Club Meeting  1:00 WINS Social  1:00 Cards and Games	<b>6</b>  10:30 Pilates with Mary  12:30 Creative Writing class (Classroom)  1:00 South Nassau Presentation - Colorectal Cancer Awareness	<b>7</b>  10:30 Fun & Fit with Nancy  1:00 Mahjongg & Games	<b>8</b>  10:30 Balance with Megan  12:15 Birthday Brunch
<b>11</b>  10:00 Cardio with Sheila* 11:00 Yoga with Lucia*  11:30 Town of Hempstead St Patrick's Day Party  12:45 Center Stage  1:30 Art with Zelda  1:45 Crocheting Lesson with Melanie	<b>12</b>  Morning shopping at Trader Joe's  10:30 Fun & Fit with Nancy  11:45 Special Events Committee Meeting  12:30 Blood Pressure Screening*  1:00 Lets Talk with Sherri  1:00 Cards & Games	<b>13</b>  10:30 Pilates with Mary  1:00 Volunteer Committee Fair	<b>14</b>  10:30 Fun & Fit with Nancy  1:00 Mahjongg & Games	<b>15</b>  10:30 Balance with Megan  12:15 St Patrick's Day Party
<b>18</b>  10:00 Cardio with Sheila* 11:00 Yoga with Lucia*  12:45 Center Stage  1:00 Mother's Day Boutique Meeting  1:30 Art with Zelda  1:45 Crocheting Lesson with Melanie	<b>19</b>  Morning shopping at Key Food  10:30 Fun & Fit with Nancy  11:45 Men's Club Meeting  1:00 Senior Sez Trivia with Sherri  1:00 Cards and Games	<b>20</b>  10:30 Pilates with Mary  12:00 Intergenerational Committee Meeting (Committee members only)  2:15 Woodloch Pines Meeting	<b>21</b>  10:30 Fun & Fit with Nancy  11:45 Executive Committee Meeting  1:00 Mahjongg and Games	<b>22</b>  <b>Fitness Cancelled</b>  11:00 General Meeting  1:30 Performance by Linda Miller
<b>25</b> 10:00 Cardio with Sheila* 11:00 Yoga with Lucia*  12:45 Center Stage  1:30 Art with Zelda  1:45 Headlines  1:45 Crocheting Lesson with Melanie	<b>26</b> Morning shopping at Key Food  10:30 Fun & Fit with Nancy  11:45 Trip Committee Meeting  12:45 Senior Concerns Committee Meeting  1:00 Cards and Games	<b>27</b> 10:30 Pilates with Mary  12:30 Creative Writing Class  1:00 Cornell Cooperative Presentation, Get the Scoop on Salt  2:30 Book Club	<b>28</b>  10:30 Fun & Fit with Nancy  1:00 Mahjongg & Games	<b>29</b>  10:30 Balance with Megan  <b>All Afternoon Programs Cancelled</b>
* Funded by Nassau County Department of Human Services Office for the Aging & New York State Office for the Aging & Administration on Aging				