

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER 2019	SENIORVERSITY CLASSES ARE IN BOLD \$15.00 Fee Applies				¹ 1:00 General Meeting	²
³ Daylight Savings Time Ends Turn your clock back 1 hour	⁴ 1:45 Headlines 2:30 Sandel Circle visit to Atria Lynbrook 7:00 Village Board Meeting	⁵ 10:00 Men's Club Meeting Marilyn Devlin, RVC Historical Society 10:00 Pilates CANCELLED 1:00 Shopping @ King Kullen & CVS 1:15 Jewelry Making 2:00 Canasta CANCELLED ELECTION DAY Transportation to polls available	⁶ 10:30 Seniorversity Meditation #3 12:45 Sit 'n' Dance CANCELLED 2:00 Seniorversity MahJongg #3 2:00 Line Dance NEW TIME	⁷ 9:00 Cardio Dance NEW TIME 10:15 WINS Committee Meeting 11:00 Senior Concerns Committee Meeting 2:30 Seniorversity Yoga #5	⁸ 9:30 Committee for Student Literacy Meeting 12:00 Birthday Brunch \$4.00pp (\$5.00 charged day of event)	⁹
¹⁰	¹¹ Veteran's Day Center Closed	¹² 7:45 Lancaster PA trip departs 10:00 Men's Club Billiards @ Atria Tanglewood 10:00 Seniorversity Pilates #6 1:00 Shopping @ Trader Joe's & CVS 2:00 Canasta Free Play 8:15 Lancaster PA trip returns	¹³ 10:30 Seniorversity Meditation #4 2:00 Seniorversity MahJongg #4 8:15 Lancaster PA trip returns	¹⁴ 11:15 Special Events Committee Meeting 12:30-2:30 Blood Pressure Screening & Health Assessment* 2:30 Seniorversity Yoga #6	¹⁵ 12:00 Veteran's Day Luncheon \$5.00p (\$7.00 charged day of event)	¹⁶
¹⁷	¹⁸ 1:30 Brain Fitness 7:00 Community Event: Pharmacist Anthony Valenti discusses CBD Oil	¹⁹ 10:00 Men's Club Meeting RVC Chamber of Commerce President, Brian Croutier 11:00 Artist Reception for Kathy Maher 1:00 Shopping @ King Kullen & CVS 2:00 Canasta Lesson #4	²⁰ 10:30 Seniorversity Meditation #5 11:00 Trip Committee Meeting <u>Landmark Theatre Trip</u> 12:30 Leave Sandel 12:45 Leave Rec Center 2:00 Seniorversity MahJongg #5	²¹ Regular Schedule	²² 12:00 Thanksgiving Luncheon Hosted by Emily Polidoro Sandel Jarred Tomatoes will be for sale (\$5.00 per jar)	²³
²⁴	²⁵ Regular Schedule	²⁶ 10:00 Men's Club Billiards @ Atria Tanglewood 11:00 Lecture: "Keep Safe in a Disaster" <u>Intergenerational Committee @ HS</u> 12:00 Leave Sandel 12:10 Leave Rec Center 1:00 Shopping @ Trader Joe's & CVS 2:00 Canasta Lesson #1	²⁷ 10:30 Seniorversity Meditation #6 12:00 Book Club 2:00 Seniorversity MahJongg CANCELLED 2:00 Line Dance CANCELLED	²⁸ Thanksgiving Day Center Closed	²⁹ Center Closed	³⁰
	EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY	
Key: * This program is made possible with funding from the NC Dept. of Human Services Office for the Aging, the NYS Office for the Aging & Administration on Aging.	9:45 Core* 11:00 Range of Motion* 12:45 Center Stage Chorus 1:00 Scrabble/Rummikub	9:00 Cardio Fit 10:00 Seniorversity Pilates 12:40 Yoga* 1:00 Cards 2:00 Scrabble/Rummikub **To make a reservation for door-to-door shopping call transportation before 8AM \$2.00 transportation fee.	9:30 Stretch & Balance 10:30 Seniorversity Meditation 11:00 "The News" 12:45 Sit 'n' Dance 1:00 Cards & Dominoes 2:00 Seniorversity MahJongg 2:00 Line Dance*	9:00 Cardio Dance 10:30 Studio Art 10:30 Knitting & Crocheting 11:00 Card Making 1:00 Sing-a-long 1:00 MahJongg 1:00 Cards 1:00 Rummikub 2:30 Seniorversity Yoga	9:45 Total Body Workout (Sponsored by Town of Hempstead)	Updated 11/1