

**BOOK CLUB:** Wednesday, 1/29 @ 2:00pm. Ellen Berman of the RVC Library leads a discussion of “Eleanor Oliphant is Completely Fine” by Gail Honeyman. Books are available at the front desk.

### **EXPLORING LONG ISLAND 101:**

Each month in 2020 we will be learning the rich history of several different towns on Long Island. We will visit places of interest and dine in historic and interesting places. Sign up for \$5.00 to receive your notebook and be ready to learn in the new year. You must have joined “Exploring Long Island 101” to participate in these events.

**Explore Levittown with Lunch at Domenico’s:** Wednesday, 1/15 @ 12:30. We begin our Long Island exploration in Levittown. Enjoy lunch at Domenico’s, William Levitt’s favorite place to eat. Afterwards, Paul Menton, President of the Levittown Historical Society, will share his expertise on Levittown’s rich history. \$30.00pp. Limit 20. Sign-up begins Monday, 1/6.

### **LECTURES**

**Tuesday, 1/7 @ 11:00am:** “Sleep Disturbances: Help is on the Way”. Presented by Dr. Matthew Reifler, Northwell Health.

**Tuesday, 1/14 @ 11:00am:** “Elder Abuse – what it means, how to recognize it and what to do when it happens”. Presented by Nancy Burke, LMSW, Case Counselor, Family & Childrens Association.

**Tuesday, 1/28 @ 11:00am:** “Hearing Loss and Cognitive Decline”. Stimulating your ears stimulates the nerves that stimulate the brain. Learn how early detection of hearing loss can help you. Free hearing screenings after the lecture. Presented by Paulina Shuminsky, Au.D.

### **COMING IN FEBRUARY**

**SANDEL SUPPER CLUB:** Wednesday, 2/5 from 4-7pm. “Italian Night”. Authentic Italian dishes prepared for all to enjoy. Music by John Webber and service by The Mayor’s Youth Task Force. Bring your own “vino” and refreshments. \$15.00pp. No refunds after Friday, 1/31. Sign-up begins Monday, 1/13.

**VALENTINE’S DAY LUNCHEON & PARTY:** Friday, 2/14 @12:30 pm. Celebrate good friends and loved ones with lunch and music by John Webber. This special event is being generously sponsored by Michael Fallon and is free to current members. Self-sign-up begins 1/27.

**ESCAPE ROOM & LUNCH @ MAGGIANOS:** Wednesday, 2/12 @ 11:00am. Enter if you dare: escape if you can! You must find the clues and solve the puzzles to figure your way out of the room in under an hour. Loads of fun followed by a delicious Italian lunch at Maggiano’s. \$45.00pp. Limit 20. Sign-up begins Tuesday, 1/21.

### **COMING IN MARCH**

**THE RAT PACK:** Friday, 3/6 @ 1:00pm. Sandel welcomes a Tribute Show to Frank Sinatra, Sammy Davis, Jr. and Dean Martin. It will be the next best thing to seeing the original Rat Pack themselves. This event is sponsored by The Bristol and Lynbrook Restorative Therapy & Nursing. Members and non-members can reserve a seat at the front desk in February. No charge.

**ST. PATRICK’S DAY PARTY:** Friday, 3/13. Enjoy music, dancing and homemade Irish soda bread. Sign-up in February.

# **SANDEL SENIOR CENTER CALENDAR OF EVENTS**

## **JANUARY 2020**

R.V.C. Dept. of Senior Services  
50 South Park Avenue



Sandel Senior Center of RVC NY

Director email: [coleary@rvcny.us](mailto:coleary@rvcny.us)

SANDEL CENTER 678-9350

TRANSPORTATION 766-1266

SOCIAL WORK 536-1162

### **RVC SANDEL CENTER MISSION STATEMENT**

It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities, volunteer and civic participation and meaningful social engagement.

### **WINTER WEATHER**

In the event of snowy or icy conditions, please be advised that if the RVC schools are closed the Senior Center will not be providing transportation. Please call before coming out. Your safety is our priority.

**MEMBER SPOTLIGHT PROGRAM:** Learn fun and interesting facts about one another. Each month members will be “spotlighted” by having their bios posted on the bulletin board. See Alliah, our Social Work Intern, if you would like to participate.

**WOODCARVING:** Mondays @ 1:30 beginning 1/6. Member Birt Birkelund will lead these 6 sessions. \$5.00 materials fee paid at first class. Sign-up at the front desk. Limit 8.

**CANASTA LESSONS:** Tuesdays @ 2pm beginning 1/7. This class is for new players and those who need a refresher course. Limit 14. Sign-up at the front desk. (1/7, 1/14, 1/21, 1/28 & 2/4)

**BINGO:** Friday, 1/3 @ 1:00pm. \$4.00 paid at the door.

**NEW YEAR’S PARTY:** Friday, 1/10. Ring in the New Year at Sandel complete with lunch, music, noisemakers and best of all - friends. The music of Jim Papa is sure to fill the dance floor. \$5.00pp (\$7.00 day of event).

**GEORGE SALEM:** Friday, 1/24 @ 1:00pm. DJ George Salem will bring the oldies to life with the music of Neil Diamond, Frank Sinatra & Elvis. Refreshments will be served. No charge.

**JAKES 58 CASINO:** Monday, 1/27. Try your luck at Long Island’s newest casino. Lunch on your own. \$5.00 transportation fee. Sign-up begins Monday, 1/6.

### **REMINDERS**

You must call 766-1266 before 8:30 am with your transportation request.

All lunch orders must be placed before 11:15am. Call the office to place your order only if you will not be in the building before 11:15.