

EXPLORING LONG ISLAND 101:

Each month in 2020 we will be learning the rich history of several different towns on Long Island. We will visit places of interest and dine in historic and interesting places. Sign up for \$5.00 to receive your notebook. You must have joined "Exploring Long Island 101" to participate in these events.

Explore Historic Roslyn with lunch at The Jolly Fisherman: Wednesday, 2/19. Built in 1680, the Van Nostrand Harkins House is one of the oldest buildings in Nassau County. After a short ride visiting the villages other historic landmarks, the tour will conclude with lunch at The Jolly Fisherman. \$36.00pp. Limit 20. Sign-up begins Monday, 2/3.

LECTURES

Tuesday, 2/4 @ 11:00am: Physical Therapist Margaret Haller presents "The importance of fall prevention and measures to avoid falls in the home".

Tuesday, 2/11 @ 11:00am: Geropsychologist Dr. Elliot Schiff discusses the psychological effects of heart disease. A complimentary lunch sponsored by the Grand Pavilion will follow the lecture. There is no charge, but you **must** sign-up at the front desk. You **MUST** attend the lecture in order to enjoy the lunch.

Tuesday, 2/25 @ 11:00am: Elder care attorneys Silvagni & Como present "Elder Care Law – How to Protect your Assets".

COMING IN MARCH

THE RAT PACK: Friday, 3/6 @ 1:00pm. Sandel hosts a tribute show to Frank Sinatra, Sammy Davis, Jr. and Dean Martin. It will be the next best thing to seeing the original Rat Pack themselves. This event is sponsored by The Bristol and Lynbrook Restorative Therapy & Nursing. Members and non-members can reserve a seat at the front desk beginning Tuesday, 2/18. No charge.

IRISH CELEBRATION @ ROCKVILLE SKILLED NURSING: Wednesday, 3/11. Enjoy Irish music, step dancing and lunch with friends. There is no charge for this event. Sign-up in March.

ST. PATRICK'S DAY PARTY: Friday, 3/13 @ 12 noon. Enjoy a traditional Irish lunch of corned beef and cabbage, potatoes and homemade Irish soda bread before dancing to Irish & American music by Tommy Sullivan. \$5.00pp. \$7.00 charged day of event. Sign-up begins Monday, 2/3.

COMING IN APRIL

CHOCOLATE WORKS: Wednesday, 4/1 @ 1:00pm. Dip a variety of sweet treats into a flowing fountain of chocolate while enjoying a glass of wine. Limit 20. \$15.00pp. Sign-up in March.

FLEA MARKET: Friday, 4/3

INTERGENERATIONAL SHARING CONFERENCE: Tuesday, 4/7. Spend the day at South Side High School. A wonderful show will be performed and members can enjoy the company of a high school student and be served a delicious lunch. There is a \$5.00 non-refundable fee which goes to the Scholarship Fund. Limit 50. Sign-up in March.

BRUNCH & A MOVIE AT SANDEL: Friday, 4/10 @ 11:00am. "A Beautiful Day in the Neighborhood". Tom Hanks portrays Mister Rogers in a timely story of kindness triumphing over cynicism. Sign-up in March.

SANDEL SENIOR CENTER CALENDAR OF EVENTS

FEBRUARY 2020

R.V.C. Dept. of Senior Services
50 South Park Avenue



Sandel Senior Center of RVC NY

Director email: coleary@rvcny.us

SANDEL CENTER 678-9350

TRANSPORTATION 766-1266

SOCIAL WORK 536-1162

RVC SANDEL CENTER MISSION STATEMENT

It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities, volunteer and civic participation and meaningful social engagement.

WINTER WEATHER

In the event of snowy or icy conditions, please be advised that if the RVC schools are closed the Senior Center will not be providing transportation. Please call before coming out. Your safety is our priority.

MEMBER SPOTLIGHT PROGRAM: Learn fun and interesting facts about one another. Each month members will be "spotlighted" by having their bios posted on the bulletin board. See Alliah, our Social Work Intern, if you would like to participate.

SANDEL SUPPER CLUB: Wednesday, 2/5 from 4-7pm. "Italian Night". Authentic Italian dishes prepared for all to enjoy. Music by John Webber and service by The Mayor's Youth Task Force. Bring your own "vino" and refreshments. \$15.00pp. No refunds after Friday, 1/31. Sign-up now.

VALENTINE'S DAY LUNCHEON & PARTY: Friday, 2/14 @ 12 noon. Celebrate good friends and loved ones with lunch and music by John Webber. This special event is being generously sponsored by Michael Fallon and is free to current members. Self-sign-up at the front desk. Remember to wear red.

ARTIST RECEPTION: Tuesday, 2/18 @ 11:00am. Meet James McDonald, owner of The Lost Dog, a local art and frame company. James will showcase his original artwork.

BRUNCH & A MOVIE AT SANDEL: Friday 2/21 @ 11:00am. After a delicious brunch, sit back and relax while watching "Peanut Butter Falcon". This Mark Twain style adventure story is about a young man with Downs Syndrome who escapes his nursing home to follow his dream of attending a wrestling camp. \$5.00pp includes brunch, movie, popcorn & soda. Sign-up begins Monday, 2/3.

BOOK CLUB: Wednesday, 2/26 @ 2:00pm. Ellen Berman of the RVC Library leads a discussion of "The Girl You Left Behind" by Jojo Moyes. Books are available at the front desk.

REMINDERS

You must call 766-1266 before 8:30 am with your transportation request.

All lunch orders must be placed before 11:15am. Call the office to place your order only if you will not be in the building before 11:15.