


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FEBRUARY 2019					<div> <div>1</div> <div> 10:45 Welcome Committee Mtg. 1:00 Cary Grant Presentation \$5.00pp </div> <div> Red Dress Day  </div> </div>	<div> <div>2</div> </div>
<div> <div>3</div> </div>	<div> <div>4</div> <div> <u>Intergenerational Committee @ HS</u> 10:00 Leave Sandel 10:10 leave rec Center 12:45 Center Stage Chorus Resumes 1:30 Brain Fitness 7:00 Village Board Meeting </div> </div>	<div> <div>5</div> <div> 10:00 Men's Club Business Meeting @ RVC McDonalds (Sunrise Hwy) 11:00 Tuesday Lecture: "Partnering for your Health" 1:00 Shopping @ King Kullen & CVS 2:00 Words of Wisdom </div> </div>	<div> <div>6</div> <div>Regular Schedule</div> </div>	<div> <div>7</div> <div> 11:15 Special Events Committee Mtg 1:00 Center Closes CANCELLED: MahJongg, Sing-a-long, Cards, Rummikub & Yoga Last day to sign-up for Valentine Lobster Lunch </div> </div>	<div> <div>8</div> <div> SPECIAL EVENT 9:45 Total Body Workout CANCELLED 1:00 Elvis "The King" Presley Show Wear Red </div> </div>	<div> <div>9</div> </div>
<div> <div>10</div> </div>	<div> <div>11</div> <div> 1:45 Headlines 2:30 Sandel Circle visit to Maple Pointe </div> </div>	<div> <div>12</div> <div> 10:00 Men's Club Billiards 11:00 Artist Reception for South Side High School students 1:00 Shopping @ Trader Joe's & CVS 2:00 Talk it Out </div> </div>	<div> <div>13</div> <div> <u>New York Tennis Open</u> 10:00 Leave Sandel 10:15 Leave Rec Center 11:00 Senior Concerns Committee Mtg </div> </div>	<div> <div>14</div> <div> 12:00 Lobster Lunch 12:00-2:00 Blood Pressure Screening & Health Assessment* 2:30 Yoga (New Time) </div> </div>	<div> <div>15</div> <div> 12:00 Birthday Brunch \$4.00pp (\$5.00 charged day of event) Birthday Cake donated by Jayne Chiusano Wear Red </div> </div>	<div> <div>16</div> </div>
<div> <div>17</div> </div>	<div> <div>18</div> <div> Washington's Birthday Center Closed </div> </div>	<div> <div>19</div> <div> 10:00 Men's Club Business Meeting 11:00 Fall Prevention Workshop (90 min) 12:30 Lunch 1:00 Shopping @ King Kullen & CVS 1:00 Friendly Callers Committee Mtg 2:00 Words of Wisdom </div> </div>	<div> <div>20</div> <div>11:00 Trip Committee Meeting</div> </div>	<div> <div>21</div> <div> Regular Schedule 2:30 Yoga (New Time) </div> </div>	<div> <div>22</div> <div> 10:45 Executive Committee Meeting 1:00 General Meeting with entertainment by Len Cammaleri Wear Red </div> </div>	<div> <div>23</div> </div>
<div> <div>24</div> </div>	<div> <div>25</div> <div> 1:30 Brain Fitness <u>Jakes 58</u> 10:15 Leave Sandel 10:30 Leave Rec Center </div> </div>	<div> <div>26</div> <div> 10:00 Men's Club Billiards 10:00 Shopping @ Trader Joe's & CVS <u>SPECIAL PRESENTATION</u> Sponsored by Grand Pavilion 12:00 Lunch 12:30 Sleep & Aging Presentation 2:00 Cards DELAYED 2:00 Talk it Out CANCELLED </div> </div>	<div> <div>27</div> <div>2:00 Book Club</div> </div>	<div> <div>28</div> <div> <u>Intergenerational Committee @ HS</u> 11:20 Leave Sandel 11:30 Leave Rec Center 2:30 Yoga (New Time) </div> </div>		
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Key: * This program is made possible with funding from the NC Dept. of Human Services Office for the Aging, the NYS Office for the Aging & Administration on Aging.	9:45 Core* 11:00 Range of Motion* 12:45 Center Stage Chorus 1:00 Scrabble/Rummikub	9:00 Aerobics 10:00 Pilates 12:40 Yoga* 1:00 Cards 2:00 Talk It Out/Words of Wisdom 2:00 Scrabble/Rummikub **To make a reservation for door-to-door shopping call transportation before 8AM \$2.00 transportation fee.	9:30 Stretch & Balance 10:30 Meditation 11:00 "The News" 12:45 Sit 'n' Dance 1:00 Cards & Dominoes 1:00 Line Dance*	10:00 Cardio Dance 10:30 Studio Art 10:30 Knitting & Crocheting 11:00 Card Making 1:00 Sing-a-long 1:00 MahJongg 1:00 Cards 1:00 Rummikub 2:30 Yoga (New Time)	9:45 Total Body Workout (Sponsored by Town of Hempstead)	Updated 1/23