| eadlines illage Board Meeting griendly Callers Committee Meeting rain Fitness andel Circle visit to Atria Tanglewood fandel SantaCon Wear your Santa Hat | 10:00 Men's Club Meeting 11:00 Lecture: "Elder Care—How to Protect your Assets" 1:00 Shopping @ King Kullen & CVS 2:00 Canasta Lesson #2 10:00 Men's Club Billiards @ Atria Tanglewood 10:30 SantaCon Hat Workshop 1:00 Shopping @ Trader Joe's & CVS 2:00 Canasta Lesson #3 10:00 Men's Club Meeting 11:00 Lecture: "Music to your Ears" | | 2:30 Yoga CANCELLED | 12:00 Birthday Brunch \$4.00pp (\$5.00 charged day of event) Holiday Party Bridgeview Yacht Club 11:00 Bus leaves Sandel 11:00 Bus leaves Rec Center | 13 | <u>7</u> |
|---|---|---|--|---|--|--|
| Meeting rain Fitness andel Circle visit to Atria Tanglewood 16 Sandel SantaCon | 9:00 Cardio Fit CANCELLED 10:00 Men's Club Billiards @ Atria Tanglewood 10:30 SantaCon Hat Workshop 1:00 Shopping @ Trader Joe's & CVS 2:00 Canasta Lesson #3 | 10:30 Seniorversity Meditation #6 11:00 Trip Committee Meeting 2:00 Line Dance CANCELLED 2:00 Seniorversity MahJongg #6 4:00 Jones Beach Light Show Trip (advance sign-up required) | 12:30-2:30 Blood Pressure Screening & Health Assessment* | Holiday Party Bridgeview Yacht Club 11:00 Bus leaves Sandel | 13 | <u>14</u> |
| Meeting rain Fitness andel Circle visit to Atria Tanglewood 16 Sandel SantaCon | 9:00 Cardio Fit CANCELLED 10:00 Men's Club Billiards @ Atria Tanglewood 10:30 SantaCon Hat Workshop 1:00 Shopping @ Trader Joe's & CVS 2:00 Canasta Lesson #3 | 10:30 Seniorversity Meditation #6 11:00 Trip Committee Meeting 2:00 Line Dance CANCELLED 2:00 Seniorversity MahJongg #6 4:00 Jones Beach Light Show Trip (advance sign-up required) | 12:30-2:30 Blood Pressure Screening & Health Assessment* | Holiday Party Bridgeview Yacht Club 11:00 Bus leaves Sandel | 13 | 14 |
| Sandel SantaCon | 10:00 Men's Club Meeting | | | All Classes Cancelled | | |
| ore CANCELLED ange Motion CANCELLED outhside Middle School Holiday Performance | by Nicole Moy 1:00 Shopping @ King Kullen & CVS | 12:00 Center Stage Luncheon & Performance \$5.00pp (\$7.00 charged day of event) 3:00 Book Club DELAYED | 11:15 Special Events Committee Mtg 2:30 Yoga CANCELLED | 10:45 Executive Board Meeting 1:00 General Meeting 2:15 Artist Reception for South Shore Camera Club | 20 | <u>21</u> |
| eadlines enter Stage DELAYED | | All Classes Cancelled | | | | |
| rain Fitness | 10:00 Men's Club Billiards @ Atria Tanglewood | Christmas Day | Center Closed | Center Closed | 27 | <u>28</u> |
| | All Classes Cancelled | Center Closed | Re-opens Thursday, 1/2 | Re-opens Thursday, 1/2 | | |
| 30 | <u>)</u> 31 | 1 | | | | |
| Center Closed | Center Closed | New Year's Day | | | | |
| e-opens Thursday, 1/2 | Re-opens Thursday, 1/2 | Center Closed | | | | |
| | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY | | |
| EVERY MONDAY | 9:00 Cardio Fit | 9:30 Stretch & Balance 10:30 Seniorversity Meditation 11:00 "The News" 12:45 Sit 'n' Dance | 9:00 Cardio Dance 10:30 Studio Art 10:30 Knitting & Crocheting 11:00 Card Making 1:00 Sing-a-long | 9:45 Total Body Workout (Sponsored by Town of Hempstead) | | |
| | | 9:00 Cardio Fit 10:00 Seniorversity Pilates r Stage Chorus 12:40 Yoga* | 9:00 Cardio Fit 9:30 Stretch & Balance to of Motion* 10:00 Seniorversity Pilates 10:30 Seniorversity Meditation to Stage Chorus 12:40 Yoga* 11:00 "The News" 12:45 Sit 'n' Dance 12:00 Scrabble/Rummikub 1:00 Cards & Dominoes | 9:00 Cardio Fit 9:30 Stretch & Balance 9:00 Cardio Dance e of Motion* 10:00 Seniorversity Pilates 10:30 Seniorversity Meditation 10:30 Studio Art 12:40 Yoga* 11:00 "The News" 10:30 Knitting & Crocheting 12:45 Sit 'n' Dance 11:00 Card Making 1:00 Cards & Dominoes 1:00 Sing-a-long 2:00 Seniorversity MahJongg 1:00 MahJongg | 9:00 Cardio Fit 10:00 Seniorversity Pilates 10:30 Seniorversity Meditation 11:00 Cards 1:00 Cards 2:00 Scrabble/Rummikub 1:00 Cards 2:00 Seniorversity MahJongg **To make a reservation for door-to-door 9:00 Cardio Dance 10:30 Studio Art 10:30 Studio Art 10:30 Knitting & Crocheting 10:30 Knitting & Crocheting 11:00 Card Making 11:00 Cards & Dominoes 11:00 Cards 11:00 MahJongg 11:00 Cards 11:00 Cards | 9:00 Cardio Fit 9:30 Stretch & Balance 9:00 Cardio Dance 10:00 Seniorversity Pilates 10:30 Seniorversity Meditation 10:30 Studio Art (Sponsored by Town of 12:40 Yoga* 11:00 Cards 12:00 Scrabble/Rummikub 1:00 Cards & Dominoes 2:00 Seniorversity MahJongg 1:00 MahJongg |