**FLEA MARKET:** Friday, 10/25 from 10-3. Volunteer, shop and donate. This is a fun day and a great fundraiser for the center. If you would like to volunteer, please sign-up in advance with Marie Spiwak or Laura. Please hold all donations until Monday, 10/21. Flyers are available to post at local stores and apartments.

**GOLDEN GATHERING** @ **RVC REC CENTER:** Friday, 10/25 from 9:00am-1:00pm. Hosted by NYS Senator Todd Kaminsky, this event showcases the services available for older adults. Flu shots will be available. Please call for transportation.

**LANDMARK THEATRE TRIP:** Wednesday, 10/30. Enjoy an afternoon of music and laughs as Warren Schein performs favorite Broadway show tunes. \$5.00 transportation fee. Limit 20. Sign-up beigns Monday, 10/7.

**BOOK CLUB:** Wednesday, 10/30 @ 2:00pm. Ellen Berman of the RVC Library leads a discussion of "Porch Lights" by Dorothea Benton Frank. Books are available at the front desk.

**SANDEL SUPPER CLUB:** Wednesday, 10/30 from 4-7pm. This Fall Supper Club event will be an evening of dancing and dining with your friends at Sandel. Roast beef and all the fixing will be served by the Mayor's Youth Task Force and music by Tommy Sullivan. Bring your own refreshments and wear your favorite fall colors. \$15.00pp. **No refunds after Friday, 10/25.** 

### **LECTURE**

<u>Tuesday, 10/29 @ 11:00am:</u> "Healthy Cooking from the Pantry" presented by a nutritionist from Cornell Cooperative Extension.

<u>Friday, 11/1 @ 2:15pm:</u> "Fire Prevention Services". Len Llewellen, Chief Retired Lynbrook Fire Department will discuss how to keep your home, family and self safe from fire.

## **COMING IN NOVEMBER**

ON-LINE HOLIDAY SHOPPING: Wondering about Amazon, Overstock or eBay? There are plenty of bargains if you know where to look. Rose will be your guide and help you make your purchases. Bring your credit card. Appointments can be made at the front desk.

<u>VETERAN'S DAY LUNCHEON:</u> Friday, 11/15 @ 12 noon. The Men's Club hosts this luncheon to pay tribute to all our men and women in uniform. Lunch courtesy of Atria Tanglewood. Show your patriotism by wearing red, white & blue. \$5.00pp (\$7.00 charged day of event). Proceeds will be donated to the Disabled American Veterans. **No Refunds**.

**LANDMARK THEATRE MAGIC SHOW:** Wednesday, 11/20. \$5.00 transportation fee. Limit 20. Sign-up begins Monday, 11/4.

**THANKSGIVING LUNCHEON**: Friday, 11/22 @ 12 noon. Sandel members will gather with friends for a traditional Thanksgiving lunch. \$5.00pp (\$7.00 charged day of event).

## **LOOKING AHEAD**

HOLIDAY PARTY @ BRIDGEVIEW YACHT CLUB: Friday, 12/13

# SANDEL SENIOR CENTER CALENDAR OF EVENTS OCTOBER 2019

R.V.C. Dept. of Senior Services 50 South Park Avenue

f Sandel Senior Center of RVC NY

Director email: coleary@rvcny.us

SANDEL CENTER 678-9350

TRANSPORTATION 766-1266

**SOCIAL WORK 536-1162** 

#### **RVC SANDEL CENTER MISSION STATEMENT**

It is the mission of the RVC Sandel Center to provide Rockville Centre older residents with a multipurpose facility that promotes vital aging and life satisfaction through programs and activities, volunteer and civic participation and meaningful social engagement.

<u>SENIORVERSITY CLASSES BEGIN IN OCTOBER:</u> Beginning the week of October 1<sup>st</sup> 6 sessions of Pilates, Meditation, MahJongg and Yoga (Thursday) are made available to us through a partnership with the RVC School District. There is a \$15.00 fee for 6 sessions of these classes. Sign-up forms are available at the front desk. Checks should be made payable to the RVC School District.

<u>CANASTA CLASS</u>: Tuesdays @ 2:00pm starting 10/15. Learn to play this fun and challenging card game in this 4 week class. No fee, but registration is required. Sign-up at the Front Desk. Limit 16.

BRIGADOON @ THE BROADHOLLOW THEATRE: Wednesday, 10/2 @ 12:30. Wait list. \$27.00pp.

MOVIE DAY @ SANDEL: Friday, 10/4 @ 1:00pm. "A Star is Born". Seasoned musician Jackson Maine discovers and falls in love with struggling artist, Ally. She has just about given up on her dream as a singer when Jack coaxes her into the spotlight. Popcorn & soda will be served during the movie. No sign-up necessary.

**DOWNTON ABBEY @LYNBROOK THEATRE**: Tuesday 10/8. Sandel members will be transported to the Lynbrook theatre to see one of the most anticipated titles this fall. The worldwide phenomenon and award-winning series Downton Abbey becomes a grand motion picture event! The beloved Crawley family and their intrepid staff prepare for the most important moment of their lives; a royal visit from the King and Queen of England. Amid all of the planning and polishing, a dose of scandal, romance and intrigue will leave the future of Downton hanging in the balance. Limit 20. \$15.00pp. **Non-refundable**. Sign-up begins Monday, 9/30.

**FASHION SHOW & LUNCHEON**: Wednesday, 10/16 @ 12 noon. See the latest clothing trends modeled right here at Sandel. Ladies fashions supplied by Chico's; men's fashions by Advance Formal Wear. \$5.00pp (\$7.00 charged day of event).

**SENIOR CONCERNS COMMITTEE OPEN HOUSE**: Wednesday, 10/16. Before the Fashion Show meet the members of the Senior Concerns Committee, learn about their valuable contribution to Sandel and the community and see why being a member is so rewarding.

OKTOBERFEST @ THE PLATTDUETSCHE RESTAURANT: Friday, 10/18. Enjoy an authentic German buffet followed by a performance of traditional German dancing and music. Beer, wine, soda, dessert, coffee and transportation included. \$50.00pp.