SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 2019 ⁷	1:45 Headlines 6:00 Storytelling Workshop #5 7:00 Village Board Meeting Bring in Flea Market donations	2 10:00 Men's Club Business Meeting 11:00 Lecture: "Should Marijuana Be Legal in NYS?" 1:00 Shopping @ King Kullen & CVS 2:00 Talk it Out	<u>3</u> 4:00-7:00 Sandel Supper Club	4 11:30 Flea Market Set-up begins CENTER CLOSED FOR ALL PROGRAMS	5 FLEA MARKET 10:00-3:00 9:45 Total Body Workout CANCELLED	<u>6</u>
	<u>8</u> 1:30 Brain Fitness 2:30 Sandel Circle Visit to Rockvillle Skilled Nursing	 <u>9</u> 10:00 Men's Club Billiards @ Atria Tanglewood 10:00 Pilates CANCELLED 10:30 Brunch for NYCB Theatre Trip Participants 11:00 Lecture: "Emergency Preparedness" 1:00 Shopping @ Trader Joe's & CVS 2:00 "Star" Tax Credit Information Program 2:00 Words of Wisdom CANCELLED 	11:00Senior Concerns CommitteeMeeting3:30Secret Garden performance at South Side High School	11:00 New Member Committee Mtg 11:15 Special Events Meeting 12:00-2:00 Blood Pressure Screening & Health Assessment*	<u>12</u> 12:00 Birthday Brunch with entertainment by George Salem \$4.00 pp (\$5.00 charged day of event)	<u>13</u>
<u>14</u>	<u>15</u> <u>Intergenerational Committee Practice</u> 10:40 Leave Sandel 10:45 Leave Rec Center 6:00 Storytelling Workshop Final Event	<u>16</u> Intergenerational Sharing Conference @ Southside High School 10:10 Leave Sandel 10:15 Leave Rec Center CENTER CLOSED FOR ALL PROGRAMS	17 10:30 Seniorversity Meditation Begins 11:00 Trip Committee Meeting 2:30 Seniorversity MahJongg Begins	2:30 Seniorversity Yoga Begins	9:45 Total Body Workout CANCELLED 11:00 Brunch & a Movie \$4.00pp Good Friday Passover Begins at Sundown	<u>20</u>
21 Easter Sunday	Regular Schedule	23 10:00 Men's Club Billiards @ Atria Tanglewood 10:00 Seniorversity Pilates Begins 11:00 Artist Reception for Michelle Chaisson 1:00 Shopping @ Trader Joe's & CVS 2:00 Words of Wisdom	24 10:30 Seniorversity Meditation #2 11:00-12:00 Support our Troops card writing 1:00-2:00 Support our Troops Card writing 2:00 Book Club 2:30 Seniorversity MahJongg #2 2:15 BonVoyage Party 6:00 Dine Around @ Chat Noir	25 11:00-12:00 Support our Troops card writing 11:00 SPA Committee Meeting 1:00-2:00 Support our Troops Card writing 2:30 Seniorversity Yoga #2	<u>26</u> 10:45 Executive Committee Meeting 11:00-12:00 Support our Troops card writing 11:30-12:30 NYS Life ID Program 1:00 General Meeting 2:00 Ava Barrone performs	<u>27</u>
28	29 10:30 Plants & Grounds Committee Mtg. 1:30 Brain Fitness	30 10:00 Men's Club Billiards @ Atria Tanglewood 10:00 Seniorversity Pilates #2 11:00 Lecture: "Colon Cancer Awareness" 12:00 Intergenerational Scholarship Committee Meeting 1:00 Shopping @ King Kullen & CVS 2:00 Talk it Out	ŭ	SENIORVERSITY CLASSES ARE IN BOLD \$15.00 FEE APPLIES		
	EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY	
Key: * This program is made possible with funding from the NC Dept. of Human Services Office for the Aging, the NYS Office for the Aging & Administration on Aging.	9:45 Core* 11:00 Range of Motion* 12:45 Center Stage Chorus 1:00 Scrabble/Rummikub	9:00 Aerobics 10:00 Pilates 12:40 Yoga* 1:00 Cards 2:00 Talk It Out/Words of Wisdom 2:00 Scrabble/Rummikub **To make a reservation for door-to-door shopping call transportation before 8AM \$2.00 transportation fee.	9:30 Stretch & Balance 10:30 Meditation 11:00 "The News" 12:45 Sit 'n' Dance 1:00 Cards & Dominoes 1:00 Line Dance*	 10:00 Cardio Dance 10:30 Studio Art 10:30 Knitting & Crocheting 11:00 Card Making 1:00 Sing-a-long 1:00 MahJongg 1:00 Cards 1:00 Rummikub 2:30 Yoga 	9:45 Total Body Workout (Sponsored by Town of Hempstead)	Updated 3/29