



**VILLAGE OF ROCKVILLE CENTRE**

# 5K & 1 MILE FAMILY FUN RUN

SPONSORED BY RVC RECREATION DEPT  
AND THE RVC CHAMBER OF COMMERCE



**SATURDAY  
NOVEMBER 18, 2023**

**1 MILE FUN RUN AT 8:30AM SHARP  
5K AT 9:30AM SHARP**

## ENTRY FEES

**FUN RUN: \$10** per person

**5K RUN: \$25** per person

LATE REGISTRATION \$30 FOR 5K AFTER NOV. 10  
SENIOR RATE (60+) AT ALL TIMES 5K - \$15 PP

PRE-REGISTRATION ON OR BEFORE NOV. 10  
(5K ENTRY INCLUDES FUN RUN)

ONLINE REGISTRATION VIA RECDESK ENDS  
ON NOV 17, 4PM SHARP.

## REGISTER ONLINE

**ROCKVILLECENTRE.RECDESK.COM**



## AGE CATEGORIES

14 & under, 15-19, 20-24, 25-29, 30-34,  
35-39, 40-44, 45-49, 50-54, 55-59,  
60-64, 65-69, 70-74, 75-79,  
80 & OVER AND WHEELCHAIR EVENTS

## 2022 WINNERS OVERALL 5K & RVC 5K

DAVID PUTTERMAN 17:57

CLAIRE BOHAN 19:52

## FREE T-SHIRTS FOR

1ST 100 KIDS REGISTERED FOR FUN-RUN

1ST 300 REGISTRANTS FOR THE 5K

COURSE MEASURED AND TIMED BY:  
**FINISH LINE ROAD RACE TECHNICIANS**  
WWW.FLRRT.COM

CERTIFIED/SANCTIONED BY DAVID KATZ  
MR. KATZ WAS THE OFFICIAL RACE COURSE MEASURER  
FOR LONDON AND TOKYO OLYMPICS